

Metro North

ADULT BASIC EDUCATION

- Sponsored by Community Education -

☎ 763-433-4200

💻 www.metronorthabe.org

✉ info@metronorthabe.org

What classes does Metro North ABE offer?

English as a Second Language (ESL): helps build English skills including reading, writing, speaking, and listening skills.

ABE Classes: a variety of classes are offered to help with basic reading, writing, and math skills, preparing for the college entrance exam (Accuplacer), and GED® preparation. Specific ABE classes include:

GED® Preparation: help prepare for the GED® test series and build skills in reading, writing, and math.

College Entrance brush up: prepare for the college entrance exam (Accuplacer) and build skills in reading, writing, and math.

Basic Reading, Writing, and Math brush up: brush up on basic academic skills to help keep or obtain employment or get ready for college or training.

Adult Diploma Credit Recovery: earn missing credits to complete a high school diploma. Students must be 18 years old or older, high school class has already graduated, and meet minimum assessment scores.

State Diploma: earn a diploma from the state of Minnesota by completing academic competences. Competences can be met in different ways including credits earned in high school and work experience. Minimum age is 19 but recommended for students 21 years old or older. Students must meet minimum assessment scores.

Distance Learning: many sites offer distance learning options including distance learning only and classes and distance learning combination. Brush up on reading, writing, and math skills online at home. Students are required to complete a certain number of lessons or number of hours per week and come in for progress testing.

Additional Classes: throughout the year Metro North ABE offers additional classes for enrolled students at our locations including Pronunciation, Conversation, Citizenship, Computer Basics, ATI TEAS Prep, etc.

Who qualifies for free ABE/ESL classes?

- Must be 17 years old or older (some classes may have an older age requirement)
- Not enrolled in a K-12 program
- US Citizen, Immigrant, or Refugee
- Have an academic goal
- Some classes may have minimum assessment score requirements

How do I start?

1. Decide which location you want to go to. See other side for sites, classes, and schedule.
2. Attend intake at the site you want to do classes at. At intake you will fill out paperwork and do assessment testing.
3. Start classes and work towards your goals!

About Metro North ABE


- Metro North ABE is a Community Education program of an eight school district consortium: Anoka-Hennepin, Brooklyn Center, Centennial, Columbia Heights, Elk River, Fridley, Spring Lake Park, and St. Francis.
 - When a school district closes due to weather, that Metro North ABE location will also close.
- Metro North ABE works closely with local school districts, workforce centers, colleges, libraries, and other community organizations to offer free classes for adults to help reach their academic goals.

Metro North ABE complies with the Americans with Disabilities Act. Information will be provided in an alternative format and interpreters for people who are Deaf or hard-of-hearing will be available upon request. Please dial 711 to contact us through Minnesota Relay.

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Free classes for adults

*Schedule subject to change without notice

SITE/ADDRESS	CLASSES	DAYS	TIMES	INTAKE
Anoka Technical College Student Success Center, Room 184 1355 West Highway 10 Anoka, 55303 763-433-4200	ABE GED®, State Diploma, and Brush Up	Tues and Thurs Tues and Thurs	10:00 AM - 1:30 PM 5:00 PM - 8:00 PM	Tues 5:00 PM Wed 10:30 AM
	ESL	Mon - Thurs	5:00 PM - 8:00 PM	Thurs 5:00 PM
Anoka-Ramsey Community College 11200 Mississippi Blvd NW Coon Rapids, 55433 763-433-4200	ABE Accuplacer Math	Visit www.metronorthabe.org/ARCC for intake and schedule		
Blaine Learning Lab Human Service Center of Anoka County Suite 335 1201 89 th Ave NE Blaine, 55434 763-433-4200	ABE GED®, State Diploma, and Brush Up	Mon - Fri Tues and Thurs	9:00 AM - 1:00 PM 5:30 PM - 8:30 PM	Call or email for Intake times
	ESL	Mon - Fri Tues and Thurs	9:00 AM - 1:00 PM 5:30 PM - 8:30 PM	Thurs 9:00 AM Thurs 5:30 PM
Brooklyn Center Community Corner 1500 69 th Ave N Brooklyn Center, 55430 763-706-3833	ABE GED® and Brush Up	Mon and Wed Tues and Wed	9:00 AM - 1:15 PM 5:30 PM - 8:30 PM	Mon 9:00 AM Mon 5:30 PM
Brooklyn Center Lutheran Church of the Master 1200 69 th Ave N Brooklyn Center, 55430 763-706-3833	ESL	Tues, Wed, Thurs Tues and Thurs	9:00 AM - 12:00 PM 5:30 PM - 8:30 PM	Tues 9:00 AM Tues 5:30 PM
Centennial Adult Continuing Education 4203 Woodland Rd (Enter the door on Village Parkway) Circle Pines, 55014 763-398-2980	ABE GED® and Brush Up	Mon and Wed Tues Thurs	9:00 AM - 3:00 PM 4:30 PM - 8:30 PM 6:00 PM - 8:30 PM	Call or email for Intake times
Columbia Heights/Fridley Adult Education Center 4111 Central Ave NE South Building, Suite 100 Columbia Heights, 55421 763-706-3833	ABE GED® and Brush Up	Mon - Fri Tues, Wed, Thurs	9:00 AM - 1:00 PM 5:30 PM - 8:30 PM	Mon 9:00 AM Wed 5:30 PM
	ESL	Mon - Fri Tues, Wed, Thurs	9:00 AM - 12:30 PM 5:30 PM - 8:30 PM	Tues 9:00 AM Tues 5:30 PM Fri 9:00 AM
	Advanced ESL	Mon - Fri Tues, Wed, Thurs	9:00 AM - 1:00 PM 5:30 PM - 8:30 PM	
Elk River Community Education Center Handke Center 1170 Main St Elk River, 55330 763-241-3400 X5525	ABE/ESL GED®, Credit and State Diploma, and Brush Up	Tues, Wed, Thurs and Fri Tues, Wed, Thurs Wed	8:30 AM - 12:30 PM 9:30 AM - 12:30 PM 1:15 PM - 3:15 PM 4:00 PM - 8:00 PM	Call or email for Intake times
St. Francis 4111 Ambassador Blvd NW St. Francis, 55070 763-753-7190	ABE/ESL GED® and Brush Up	Mon - Fri Tues and Thurs	9:00 AM - 1:00 PM 5:00 PM - 8:00 PM	Call or email for Intake times

For more information and fall break schedule please contact us.